



HUMAN KINETICS

March 17th, 2025

Human Kinetics, Inc. has bid the following program for which review materials have been provided:

Lifetime Wellness Grades 9-12 (G08H02): *Live Well Foundations of High School Health*

Human Kinetics, Inc. is providing temporary online access to samples of our digital bid materials for review purposes:

- Live Well Foundations of High School Health (PDF of hardcover text)
 - Live Well Foundations of High School Health Interactive Web Text **(Includes Reproductive and Sexual Health Lessons)**
 - Live Well Foundations of High School Health Teacher Collection
 - Publisher Presentation Video
- **PLEASE NOTE, the Reproductive and Sexual Health lessons are found only in the “Interactive Web Text,”** they are not found in the hardcover text (or the PDF version of the hardcover text). The Interactive Web Text is provided to allow reviewers to evaluate alignment to standards related to the content found in these lessons. Reviewers may use either the Interactive Web Text or the PDF of the hardcover text to evaluate student materials’ alignment to other standards.

The following instructions will allow reviewers to access electronic samples of our digital student resources and related teacher resources.

To Access the Materials:

Go to the custom landing page using the following link:

<https://ancillaries.humankinetics.com/review/tn/>

NOTES:

- Access to individual chapters in the interactive web text (IWT) is controlled by teachers in adopting school/districts, therefore each chapter of the IWT is self-contained.
- Access to the PDF of the hardcover text, the IWT, and the Teacher Collection is granted for review purposes only. Unauthorized access, duplication, or distribution of this online/electronic instructional material is a violation of copyright law.

See Next Page for Navigation Instructions and Technical Specifications.

Basics for navigating the *Interactive Web Text (IWT) and Teacher Collection (Teacher Pack)*

1. When you open any page of the IWT you should see a navigation menu down the left-hand side of your screen. If you don't see the navigation menu, click on the menu icon near the upper left-hand corner of the page that looks like this to expand the navigation menu:



2. Opening the menu reveals a list of chapters and lessons within each chapter. When you click on the icon for a lesson, the lesson opens and along with it a collapsible menu that allows you navigate to any section within that lesson.
3. A separate icon in the main menu for each lesson allows you to access the onscreen review quiz for that lesson.
4. To navigate the Teacher Pack, use the menu at the left of the screen to access the front matter or any chapter. Clicking on a chapter reveals a Lesson Planner table providing access to all of the lesson content and downloadables for each lesson in the chapter. Clicking on any lesson name opens the detailed lesson plan, which also provides access to links and downloads at point of need within the lesson.

Basics for Navigating the PDF of the Hardcover Student Edition

1. The PDF of the hardcover student edition is set up with hyperlinks in the Table of Contents so that clicking on any chapter or lesson name will take you directly to that chapter or lesson within the text.
2. You also may use the search window at the top of the PDF to search for a word, phrase, or page number.

Technical Specifications for Interactive Web Text and Teacher Materials:

Windows

- Windows 7, Windows 8, Windows 10 or later
- Intel Pentium 4 processor or later that is SSE3 capable

Mac

- OS X 10.10 or later
- Intel x86 processor

Linux

- Ubuntu 14.04 or later, Debian 8+, openSUSE 13.3+, or Fedora Linux 24+
- Intel Pentium 4 processor or later that is SSE3 capable

ChromeOS

Any hardware that will support recent (2019 and later) versions of Chrome

May also run on older/different hardware/software than mentioned here.