Foundations 1E Lesson 8.3 Quiz Answers

Title: Lesson 8.3 Quiz

Topic: L8.3LO8: Explain what mood disorders are and describe their characteristics using three examples.

1. A person with a mood disorder may experience long periods of

a. extreme happiness

b. extreme sadness

\*c. both extreme happiness and extreme sadness

d. none of the above

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2. Suki was so excited about the birth of her daughter, but one week later, she began to feel sad and listless. Suki is showing signs of

a. seasonal affective disorder

b. psychotic depression

\*c. postpartum depression

d. bipolar disorder

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Topic: L8.3LO9: Describe risk factors associated with mood disorders.

3. Men are more likely to report or be diagnosed with a mood disorder.

a. true

\*b. false

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Topic: L8.3LO10: Compare and contrast sadness and depression.

4. Which of the following is characteristic of sadness?

\*a. It is a normal human emotion that one feels as a result of a situation or event.

b. It generally lasts more than two weeks.

c. It prevents a person from engaging in normal activities.

d. It requires professional help to cure.

Title: Lesson 8.3 Quiz

Topic: L8.3LO11: Identify five signs of depression.

5. Which of the following is NOT a sign of depression?

a. excessive feelings of guilt or worthlessness

b. inability to concentrate

c. lack of interest in activities once were once pleasurable

\*d. regular bursts of energy