Foundations 1E Lesson 12.1 Quiz Answers

Title: Lesson 12.1 Quiz

Topic: L12.1LO1: Describe what tobacco is and name its main ingredient.

1. The main ingredient in tobacco is

a. tar

\*b. nicotine

c. e-juice

d. vapor

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Topic: L12.1LO2: Explain short- and long-term health effects of tobacco products on a person.

2. Teens who smoke are at greater risk of developing

a. COPD

b. emphysema

\*c. both a and b

d. neither a nor b

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Topic: L12.1LO2: Explain short- and long-term health effects of tobacco products on a person.

3. Which of the following is a long-term health effect of using tobacco products?

a. less endurance

\*b. reduced lung growth

c. higher blood pressure

d. faster resting heart rate

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Topic: L12.1LO3: Evaluate how vaping is as dangerous as smoking.

4. Your friend Gabe wants to try an e-cigarette. What factual advice could you give him about vaping?

a. It’s not dangerous in the same way as a regular cigarette is.

\*b. You’ll inhale chemicals that could cause cancer.

c. You won’t get addicted, so go for it.

d. The flavored vapes have less nicotine.

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Topic: L12.1LO4: Examine the impact of secondhand smoke, thirdhand smoke, and secondhand aerosol.

5. Which of the following is a hazard that secondhand smoke presents for children?

a. asthma attacks

b. impaired learning ability

c. more frequent illness

\*d. all of the above