Foundations 1E Lesson 8.1 Quiz Answers

Title: Lesson 8.1 Quiz

Topic: L8.1LO1: Explain what a mental disorder is and provide two examples.

1. Ben often feels like his hands are dirty and he can’t get them clean enough. Every day, he gets to school early and washes his hands three times before going to his first class. Ben’s behavior suggests he is suffering from which disorder?

a. mood disorder

b. personality disorder

\*c. obsessive compulsive disorder

d. attention deficit hyperactivity disorder

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2. A mental disorder is a serious and ongoing problem that involves how a person thinks and manages their emotions.

\*a. true

b. false

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Topic: L8.1LO2: Describe what a stigma is and explain how it can affect someone with a mental disorder.

3. Someone who views a person’s mental disorder as a stigma is most likely to

a. provide treatment for the person

b. express sympathy for the person

\*c. have prejudice against the person

d. expect good behavior from the person

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4. The purpose of the STOP tool is to help you

a. recognize mental disorders

b. manage boundaries with those who have a mental disorder

c. recognize different treatments for mental disorders

\*d. recognize stigma and avoid applying it

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Topic: L8.1LO3: Explain different ways that mental disorders may be treated.

5. Which of the following is most commonly used to treat bipolar disorder?

a. anti-anxiety medications

\*b. mood-stabilizing medications

c. antipsychotic medications

d. antidepressant medications