Foundations 1E Quiz Questions Lesson 5.2

1. What is the definition of food insecurity?

a. having inadequate or unbalanced nutrition

b. not having enough food to support an active, healthy life

c. living in an area that lacks access to affordable and healthy food options

d. buying food that is neither properly packaged nor stored

Answer: \_\_\_\_\_

2. Contamination from sick employees is most likely to occur in which step of the food chain?

a. production

b. processing

c. distribution

d. preparation

Answer: \_\_\_\_\_

3. A food recall is only made if food is contaminated during its processing or distribution.

a. True

b. False

Answer: \_\_\_\_\_

4. Which of the four steps to food safety recommends that foods requiring refrigeration not be left out for more than two hours?

a. clean

b. separate

c. cook

d. chill

Answer: \_\_\_\_\_

5. Match each letter advocating for food access to the person whom it should be addressed.

\_\_\_ 1. a letter advocating for access to healthy food options for students

\_\_\_ 2. a letter advocating for access to a school garden for vegetables and other produce

\_\_\_ 3. a letter advocating for more organic food choices in local stores

a. the head of school lunch programs for the city

b. the principal of a local high school

c. the owner or manager of a local grocery store