Foundations 1E Quiz Questions Lesson 9.1

1. All of the following are examples of nonverbal communication EXCEPT

a. facial expressions

b. hand gestures

c. tone of voice

d. a handwritten list

Answer: \_\_\_\_\_

2. Which example shows a characteristic of a healthy relationship?

a. Jayla has been trying to get Wyatt to go to church with her, and she gets upset with him when he won’t.

b. Bailey is afraid of her mother’s reaction, so she doesn’t tell her mother that she is falling behind in geometry.

c. Rachel notices that her friend Marcus is feeling sad, so she makes a hand-painted card to show she is thinking of him.

d. It’s hard for Aaron to say how he feels, and he usually laughs it off if his friend Joel brings up something serious.

Answer: \_\_\_\_\_

3. Speaking loudly and issuing commands is characteristic of which style of communication?

a. passive

b. aggressive

c. passive-aggressive

d. assertive

Answer: \_\_\_\_\_

4. “I feel . . .” is which step in an *I* message?

a. first

b. second

c. third

d. fourth

Answer: \_\_\_\_\_

5. To avoid having a social media or text message misinterpreted, you should

a. write clearly

b. think carefully how the message will be perceived

c. remember that people on the receiving end do not see your nonverbal language or the communication style you are using

d. all of the above

Answer: \_\_\_\_\_