Foundations 1E Quiz Questions Lesson 3.1

1. Providing all people equal access and opportunity to achieve good health and quality of life is the goal of

a. health equality

b. health freedom

c. health and wellness

d. health equity

Answer: \_\_\_\_\_

2. Equality is a more realistic health goal in most cases than equity.

a. True

b. False

Answer: \_\_\_\_\_

3. Which of the following is an interpersonal influence on health?

a. family dietary habits and practices

b. neighborhood grocery store access

c. access to government-assisted food programs

d. neighborhood crime and safety concerns

Answer: \_\_\_\_\_

4. The main goal of health equity is to \_\_\_\_\_\_\_\_\_\_ health disparities.

a. increase

b. manage

c. reduce or eliminate

d. identify and categorize

Answer: \_\_\_\_\_

5. Which of the following is LEAST likely to result in health disparities?

a. stress during pregnancy

b. living in a large city

c. use of narcotics

d. lack of medical insurance

Answer: \_\_\_\_\_