LESSON 1.4 Communicable Diseases Note-Taking Guide

Communicable Diseases

1. Define the terms infectious diseases and communicable diseases in the spaces provided.

Infectious diseases:	
Communicable diseases:	

Methods of Transmission

2. Describe the ways that a contagious disease can be spread.

Direct	
Indirect	
Airborne	
Host	

Preventing Communicable Diseases

3. Complete the list of ways you can prevent communicable diseases.			
1.	Wash your hands with soap and water.		
2.			
3.	Get vaccinated.		
4.	Stay home if you are sick.		
5.			
6.	Abstain from sexual activity.		
7.			
8.	Keep your environment clean, especially surfaces in the kitchen and bathroom.		
9.			
10.	Use bug repellent when spending time outdoors.		
11.			
Universal Precautions			
4. Who uses universal precautions?			
5. Name two universal precautions used by these professionals.			
a.			
b.			

Symptoms of Communicable Diseases

5.	What are five of the common symptoms of communicable diseases?
	1.
	2.
	3.
	4.
	5.

Common Communicable Diseases

7. Identify one example of a disease caused by each of the following categories of pathogens: virus, bacteria, fungi, protozoa, and other types of pathogens. Label the top of each circle with the category, and write the example inside the appropriate circle.

