

What Are Noncommunicable Diseases?

1. Define noncommunicable disease and chronic disease.

Noncommunicable disease:	
Chronic disease:	

Cardiovascular Diseases

2. Briefly describe each of the cardiovascular diseases listed.

Coronary heart disease:	
Stroke:	
High blood pressure:	

3. What are the signs and symptoms that someone may be having a heart attack?



Diabetes

4. Describe the two types of diabetes in the chart below.

Type 1 Diabetes	

Type 2 Diabetes	

Cancers

5. Identify two risk factors for each type of cancer listed.

Breast	Colon	Lung

Melanoma	Prostate	Leukemia

Osteoporosis

6. What things put a person at risk for osteoporosis?

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Arthritis

7. Can arthritis affect children under the age of 18? How?

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Lung Disease

8. Name and describe three lung diseases.

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Alzheimer's and Dementia

9. Describe how Alzheimer's disease and dementia are related.