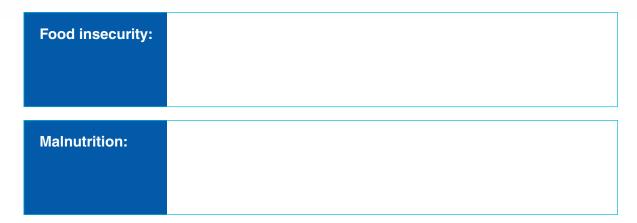
LESSON 5.2 Food Access and Safety Note-Taking Guide

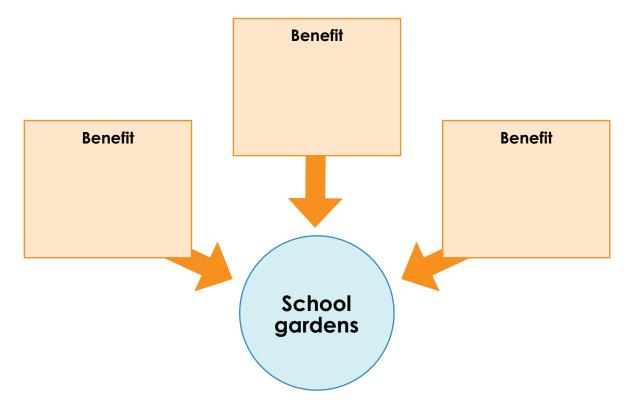
Does Everyone Have Access to Enough Food?

1. Define food insecurity and malnutrition in the following chart.



School and Community Gardens

2. Write down three benefits of school gardens in the following graphic.

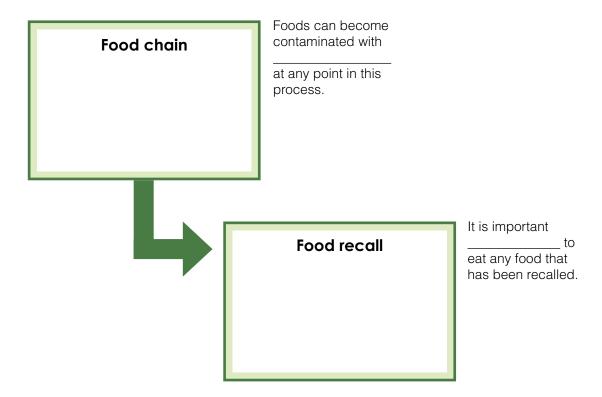


Food Safety

3. Any symptom or disorder people get from eating or drinking contaminated food is called a

How Foods Get Contaminated

4. Complete the following flow chart by defining food chain and food recall. Fill in the blanks for the important reminders next to each box.



Common Foodborne Illnesses and Symptoms

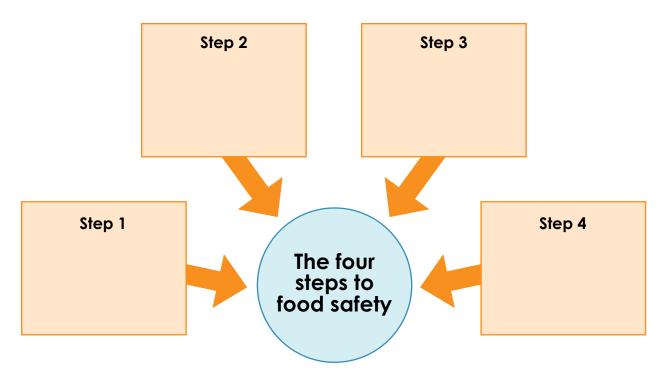
5 .	and	 are the most common	pathogens that cause
	foodborne illnesses		

6. List three common foodborne illnesses and their symptoms in the following table.

Foodborne illness	Symptoms
1.	
2.	
3.	

Safe Food Handling and Preparation

7. Complete the following diagram by filling in the four steps to food safety.



Food Additives and Preservatives

8. A food additive is a _	added to food to add nutrition	n, or to improve
freshness, taste,	, or appearance.	
9. When an additive is s	pecifically designed to help a food last	without

10. Other preservatives include chemicals like ______, nitrites, and ______.

Pesticides

11	$_$ are chemicals used in the food production process to prevent damage
to a crop from	, weeds, and

12. _____ is grown or produced on an organic-certified farm.