

## LESSON 11.3 Treating Alcohol Use Disorders Note-Taking Guide

### Alcohol Use Disorder

1. Alcohol use disorder (AUD) is a(n) \_\_\_\_\_ condition when a person's drinking causes \_\_\_\_\_ or \_\_\_\_\_.
2. AUD ranges from mild to moderate to \_\_\_\_\_.

### Possible Causes of Alcohol Use Disorder in Teens

3. Describe three of the most common reasons for teen alcohol use disorders by completing the information in the diagram.

Genetics	_____ factors	Social factors
<p>If a teen has a close _____ with an alcohol problem, they may be _____ to alcohol being pleasurable regardless of the side effects.</p>	<p>Teens with _____ and depression may be predisposed to an alcohol use disorder.</p>	<p>Having _____ who drink regularly; _____ portrayals of alcohol being used to have fun; and the _____ of peers, family members, and other role models.</p>

### Getting Help for an Alcohol Use Disorder

4. Indications you should seek help for an alcohol use disorder include having problems in or with:

## Helping Friends and Family Who Have an Alcohol Use Disorder

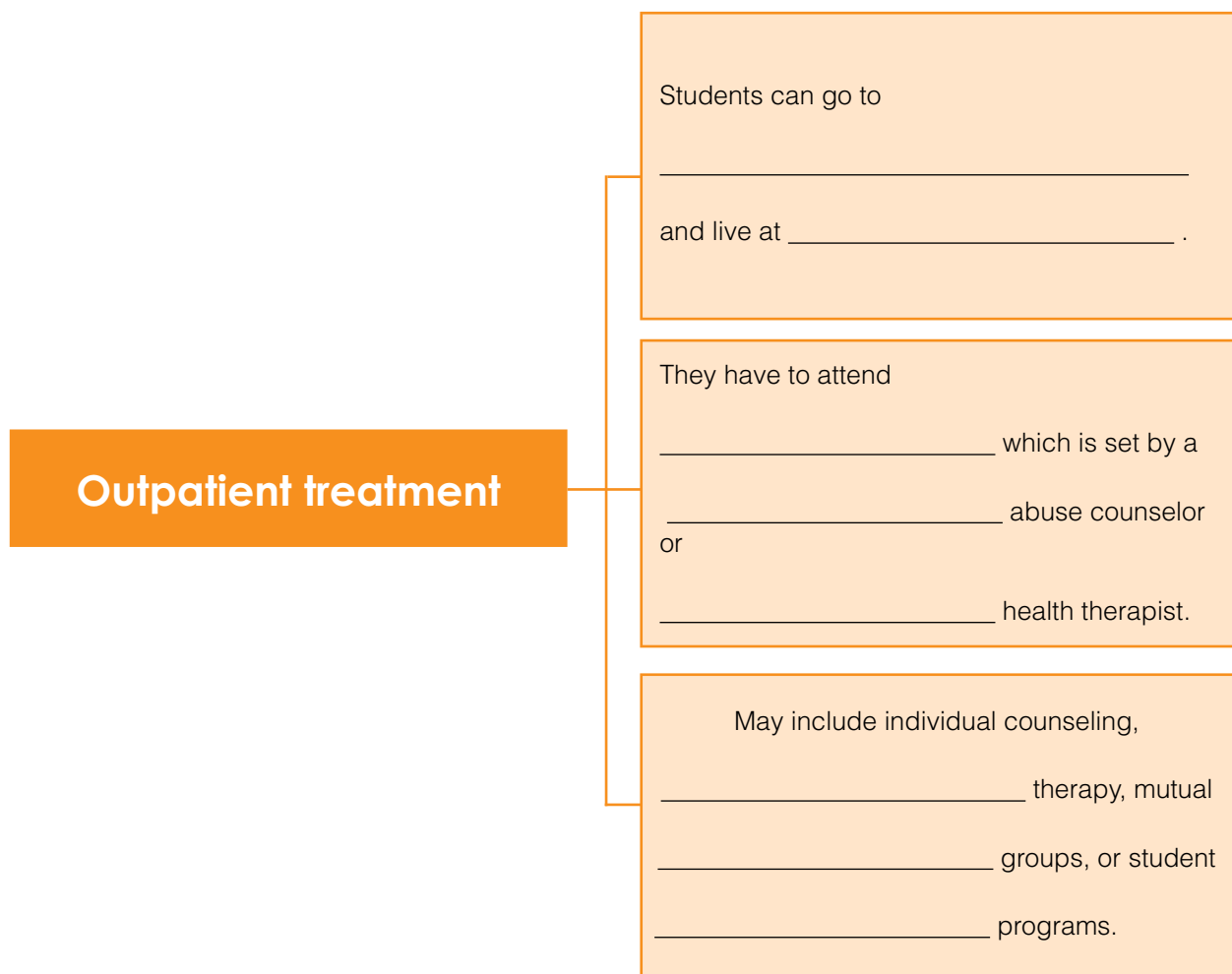
5. If you have a friend or a family member who has an alcohol use disorder, they need \_\_\_\_\_.
6. Talk with the person with the problem when they are \_\_\_\_\_.

## Alcohol Treatment Programs

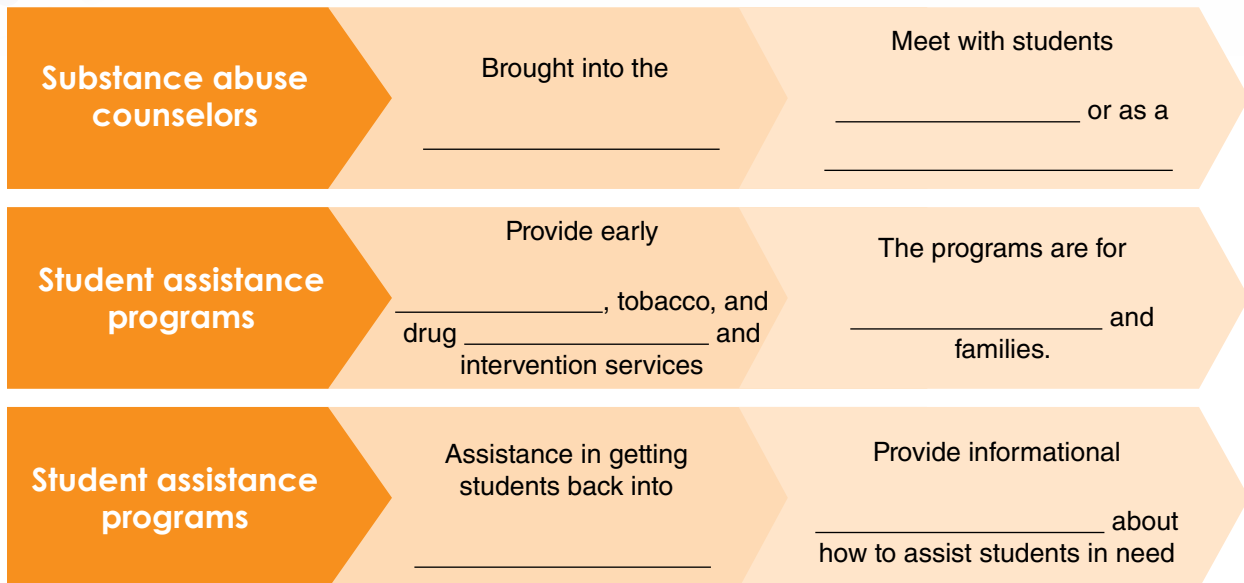
7. An alcohol treatment program is where people go to get \_\_\_\_\_ help for an alcohol use disorder.
8. The type of treatment is based on the \_\_\_\_\_ of the alcohol use disorder and \_\_\_\_\_ needs.

## Outpatient Treatment

9. Complete the diagram below to explain what outpatient treatment includes.



10. Identify what a student assistance program does by completing the diagram.



## Medications

11. Two of the most commonly used medications given to stop and reduce drinking follow.

1. Disulfiram (Antabuse) makes the person feel \_\_\_\_\_ or causes them to \_\_\_\_\_ up when they drink.
2. Naltrexone (Revia) reduces a person's \_\_\_\_\_ to drink.

## Residential Treatment Centers

12.

- a. A residential treatment center requires the person to live \_\_\_\_\_ time for the length of their treatment.
- b. The length of treatment depends on the person's \_\_\_\_\_ in the program.
- c. Treatment may include \_\_\_\_\_ and group counseling sessions as well as other therapeutic and \_\_\_\_\_ activities.

## Family Involvement in Residential Treatment Programs

13. What are the two main support groups for families of people with an alcohol problem?

1. \_\_\_\_\_
2. \_\_\_\_\_