# Self-Assessment Worksheet: What Do I Know About Legal and Illicit Drugs?

Name: Blank Class: Blank Date: Blank

Using over-the-counter or prescription drugs can be dangerous if not used as directed. Illicit drugs come with their own set of complications and danger that lead to potentially life-altering problems including legal issues and death. Complete the following self-assessment by marking an X for *true* or *false* next to each corresponding question to help you understand your knowledge about legal and illicit drugs. After completing the self-assessment, check your answers with the answer key that is provided directly after the assessment.

Answers: 1. true, 2. true, 3. false, 4. false, 5. true, 6. false, 7. true, 8. false, 9. false, 10. true

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|  | True | False |
| 1. Medicines are divided into two categories: over-the-counter (OTC) and prescription. |  |  |
| 2. The general purpose of an OTC label or a prescription label is to tell you what the drug is used for and how to use it safely. |  |  |
| 3. Teens misusing prescription medicines is not a problem in the United States. |  |  |
| 4. Drug use increases your ability to complete tasks and retain information. |  |  |
| 5. Hallucinogens alter your awareness of your surroundings as well as your thoughts and feelings. |  |  |
| 6. The main ingredient in methamphetamine is THC. |  |  |
| 7. Opioids are used as medicines because they contain chemicals that relax the body and relieve pain. |  |  |
| 8. Social media does not influence teens and the choices they make. |  |  |
| 9. A substance use disorder will not affect your day-to-day life. |  |  |
| 10. Behavioral therapy and medication are effective types of treatment for substance use disorders. |  |  |

My score for What Do I Know About Legal and Illicit Drugs?= Blank (total number of correct answers)