# Self-Assessment Worksheet: How Healthy Is My School?

Name: Blank Class: Blank Date: Blank

This self-assessment asks questions about your school environment and health services. Respond to each statement in the assessment by selecting the response that is most accurate for you. When you are done, add up your points. The closer your score is to 18 the more likely your school is a positive public health influence for you, other students, and your community.

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| **My school . . .** | **Yes**  (2 points) | **No**  (2 points) |
| Has a no-tolerance policy for harassment or bullying |  |  |
| Has an emergency plan and conducts emergency drills regularly |  |  |
| Provides a safe and supervised physical environment |  |  |
| Has a no-tolerance policy for tobacco, alcohol, and drugs on campus |  |  |
| Has at least one full-time nurse on campus |  |  |
| Is accessible to those who use wheelchairs or walkers |  |  |
| Provides counseling and mental health services |  |  |
| Provides physical education and after-school sports and physical activities |  |  |
| Provides healthy food options that are affordable and accessible |  |  |

My score for How Healthy Is My School?= Blank (total number of points)