# Skill-Building Challenge Worksheet: Accessing Reliable Information

Name: Blank Class: Blank Date: Blank

Select one of the mobility disabilities listed below.

* Amputation
* Paralysis
* Cerebral palsy
* Stroke
* Multiple sclerosis
* Muscular dystrophy
* Arthritis
* Spinal cord injury

Research the disability using information from at least three different sources. Use the Accessing Valid and Reliable Information Skill Cues for finding valid and reliable sources. Write a summary of your findings and be sure to include the following information:

* A description of the condition or disability and how it affects mobility and independence
* Statistics related to the disability, including differences by sex, age, or race that might exist
* Accommodations that may be needed to support the health equity and quality of life of the person with the condition or disability
* Common misunderstandings people may have about the condition or disability