# Skill-Building Challenge Worksheet: Deciding to End a Friendship

Name: Blank Class: Blank Date: Blank

Aliya and Rahmi have been friends their entire lives. Now that they are in high school, they don’t see each other as much and have both made some new friends. Aliya likes to play sports and hang out with her other friends. Rahmi is more of a risk taker and rule breaker. Last week, Rahmi asked Aliya if she wanted to hang out with her. When Aliya met up with Rahmi after school, there were other people around that Aliya knew were often in trouble at school. Aliya was uncomfortable with their behavior, especially when a couple of them began vaping. Later that night, Aliya realized that she and Rahmi no longer have anything in common and that their values are completely different. Aliya isn’t sure she wants to be friends with Rahmi anymore. What do you think Aliya should do? Answer the following questions as you work through your decision.

**1.** What is the problem with this relationship?

**2.** What are Aliya’s options?

**3.** What are the consequences of each option Aliya has?

**4.** What decision do you think Aliya should make?

**5.** Why is this the best decision?