# Skill-Building Challenge Worksheet: Communicating Respect for Others

Name: Blank Class: Blank Date: Blank

Select one of the following topics that reflects something about your own identity, or use a topic your teacher assigns. Write a short response to the prompt you selected and then share it with a classmate or in a small group. As you discuss your topic, use the RESPECT acronym to guide how you engage in conversation with others. When someone else is speaking, do your best to ask questions that will help you better understand their experience and perspective. At the end of the conversation, or when your teacher tells you to stop, reflect on how you did. Evaluate yourself on each part of the RESPECT acronym.

* What your family is like and how it feels to be you in your family
* What your race is and what it is like to be that race
* What your hobbies and interests are and how they influence what others think of you

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| **Element of RESPECT** | **How I Did** |
| Recognized how others respond to what you are saying |  |
| Eliminated negative words or phrases |  |
| Spoke with people, not at them |  |
| Showed appreciation for something they said |  |
| Modeled respect by making eye contact and being kind |  |
| Considered others’ feelings and perspectives before talking |  |
| Listened without interrupting |  |