# Skill-Building Challenge Worksheet: Analyzing Social Norms on Vision and Hearing Behaviors

Name: Blank Class: Blank Date: Blank

**Step 1: Identify influences.** Reflect on how technology, media, and social norms might influence your vision and hearing behaviors. Fill in the outer area of the rectangle with as many influences or social norms as you can think of.

**Step 2: Evaluate the influences.** In the inside of the rectangle, write a short paragraph about how these influences affect your behaviors.