# Skill-Building Challenge Worksheet: Advocating for Food Access

Name: Blank Class: Blank Date: Blank

Part of the challenge people face in eating healthy on a regular basis has to do with their access to affordable, safe, and healthy foods and water. No matter where you live, you can advocate for improved access to one or more of the items in the following list. For this project, select one of the items from the list to help you practice your advocacy skills. Try to pick an item that affects you, your school, or your community.

* Access to affordable, healthy, and organic food options
* Access to safe drinking water
* Access to a school garden or community garden plots
* Access to safe food preparation

Use the steps to community advocacy to develop a campaign for your selected issue. Create a short speech and supporting materials to present to community or school leaders who might help change the situation you are addressing. These could include school officials, county or city council members, or business bureaus in your area.

My issue: Blank