# Skill-Building Challenge Worksheet: Influences on Your Perceptions of Family Roles

Name: Blank Class: Blank Date: Blank

Family roles are the positions each family member holds in the household. It involves how we are expected to conduct ourselves within the family. Spend some time thinking about the following questions and write a brief response to each. When you have finished, share your answers with a partner. Remember to be respectful of your partner’s opinions.

**1.** How does your culture influence your perceptions of family roles?

**a.** Who or what is the greatest influence from your culture?

**b.** Is the influence valid, or is it time for change? (With culture, different generations may not change with the times, so generational cultural influence is challenged with regard to whether it is still a valid response in today’s society.)

**c.** Do you agree with the influence culture has on people’s perceptions of family roles?

**2.** How does media influence your perceptions of family roles?

**a.** Who or what is the greatest influence from the media on your perception of family roles?

**b.** Is the media influence valid? Does it represent the current society you live in, or is it time for change?

**c.** Do you agree with the influence media have on people’s perceptions of family roles?

*(continued on next page)*

**3.** How do important people in your life influence your perceptions of family roles?

**a.** Of the important people in your life, who has the greatest influence?

**b.** Do you agree with the influence this person has on people’s perceptions of family roles?