Foundations 1E Unit 05 Test Answers

Title: Unit 5 Test

Topic: L14.1LO1: Differentiate between unintentional and intentional injuries.

1. The chief cause of unintentional injuries is NOT paying attention to what you or others are doing.

\*a. true

b. false

Title: Unit 5 Test

Topic: L14.1LO2: Analyze different ways to prevent falls in your home.

2. To prevent falls in and around your home, you should

a. take special care when climbing a ladder by yourself

b. run electrical cords between devices and furniture

c. use a table to reach a high shelf

\*d. make sure the porch light provides good lighting outside

Title: Unit 5 Test

Topic: L14.1LO3: Explain how to keep yourself and others safe from firearms in your home.

3. Which firearm safety procedure is correct?

a. Maya keeps a pistol she uses for target practice in an unlocked gun safe.

b. Robert stores his hunting rifle and ammunition together in a locker.

\*c. Quinn attaches gun locks to all of his firearms before storing them in a locked gun safe.

d. Seychelle hides a loaded pistol in the drawer of her bed table.

Title: Unit 5 Test

Topic: L14.1LO4: Create a plan of what you should do if there is a fire in your home.

4. Shyla is awakened by the sound of the smoke alarm at her family’s home during the night. What is the first thing she should do?

a. She should stuff wet towels and sheets under the bedroom door.

b. She should open the bedroom door and run downstairs.

\*c. She should feel the bedroom door to see if it’s hot.

d. She should pound on the bedroom door to alert her parents.

Title: Unit 5 Test

Topic: L14.2LO6: Explain three actions schools are taking to be safer and more prepared for dangerous situations.

5. To improve students’ safety during a dangerous situation, office areas in a high school should be

\*a. centrally located for easy access

b. located at the front of the building

c. locked and protected with security codes

d. equipped with surveillance cameras

Title: Unit 5 Test

Topic: L14.2LO7: Discuss three ways to stay safe in a public place.

6. Most pedestrian deaths occur when a pedestrian is trying to cross a lighted intersection.

a. true

\*b. false

Title: Unit 5 Test

Topic: L14.2LO8: Analyze why male teens, teens driving with teen passengers, and teens who have just obtained their license are the three groups at the highest risk for a motor vehicle crash.

7. Graduated driver licensing includes all the following EXCEPT

a. limiting driving at night

\*b. increasing the difficulty of driving tests

c. limiting the number of passengers for new drivers

d. providing longer periods to practice driving

Title: Unit 5 Test

Topic: L14.3LO10: Evaluate how small or large your digital footprint is based on your online activity.

8. What is your digital footprint?

a. the personal information you share with friends online

b. the average number of texts and social media posts you send each day

c. the number of websites you visit during a typical month

\*d. the information you leave behind on the Internet as a result of your online activity

Title: Unit 5 Test

Topic: L14.3LO11: Explain why it is important to know your social media privacy settings.

9. Using the proper social media privacy settings can eliminate the risk of identity theft.

a. true

\*b. false

Title: Unit 5 Test

Topic: L14.3LO12: Describe what identity theft is and how it can affect you.

10. Which of the following is most effective in foiling hackers?

a. Limit the number of friends requests you accept from people you don’t know.

b. Use a limited number of passwords for the apps and websites that you visit.

\*c. Keep antivirus software updated to detect, prevent, and remove malware.

d. Immediately delete any suspicious messages from an unknown sender.

Title: Unit 5 Test

Topic: L14.3LO13: Examine the effectiveness of your passwords and change them if needed.

11. The most effective passwords include

\*a. letters, numbers, capitalization, and special characters

b. personal information that is easy to remember

c. a minimum of seven characters

d. elements of passwords from different accounts

Title: Unit 5 Test

Topic: L14.4LO14: Practice each of the emergency action steps.

12. Ellen sees her next-door neighbor collapse in his yard while trimming his bushes. How should Ellen respond to this emergency?

a. call 911; get a first-aid kit; check the neighbor’s breathing

\*b. check the neighbor to find out what’s wrong; call 911; give him care according to her level of knowledge

c. check the neighbor’s heartbeat and breathing; ask if emergency responders are needed; provide rescue breaths and chest compressions if necessary

d. ask the neighbor what’s wrong; call a family member or friend; make him comfortable

Title: Unit 5 Test

Topic: L14.4LO15: Explain why you should use universal precautions.

13. The main purpose of universal precautions is to

a. stop the spread of COVID-19

b. reduce the risk from airborne pathogens

\*c. limit the risk of spreading pathogens

d. ward off infections from contaminated objects or surfaces

Title: Unit 5 Test

Topic: L14.4LO16: Describe the steps to giving cardiopulmonary resuscitation (CPR).

14. In order to perform cardiopulmonary resuscitation (CPR), you must be a licensed nurse or have formal medical training.

a. true

\*b. false

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Topic: L14.4LO17: Identify the common signs of a sudden illness.

15. While performing an experiment with his science class, Mr. Buchanan suddenly has a grand mal seizure with convulsions. What should his students do?

a. Two or more students should hold him down.

b. They should open a window and give him fresh air.

c. They should give him fruit juice or a packet of sugar.

\*d. They should let the seizure run its course.

Title: Unit 5 Test

Topic: L15.1LO1: Explain how air pollution can affect personal and community health.

16. Mischa is doing a report about air pollution in his city. He is careful to include only facts about the topic. Which of the following should he include in his report?

\*a. Air pollution affects the health of all people at all stages of their life.

b. Air pollution is dangerous only for people with respiratory diseases.

c. Air pollution is caused exclusively by natural conditions.

d. Air pollution is equally dangerous for all groups of people.

Title: Unit 5 Test

Topic: L15.1LO2: Understand influences on health by identifying four common sources of indoor air pollution.

17. Lanh notices that the air in her family’s house seems stale, and her throat is often scratchy. Lanh decides to make some changes to improve the air quality indoors. Which is NOT recommended for improvements?

a. installing an air purifier

\*b. using industrial-strength chemical cleaners

c. changing the air filters in the heating and cooling units

d. washing the bedding and cleaning the curtains more often

Title: Unit 5 Test

Topic: L15.1LO3: Analyze two causes of water pollution and how individual actions influence community health.

18. Which of the following is safe to dispose of down sinks and toilets?

\*a. waste water

b. pesticides

c. medicines

d. paint thinner

Title: Unit 5 Test

Topic: L15.1LO4: Explain how individual choices can affect health risks associated with noise pollution.

19. A major cause of hearing loss in teens today is

a. playing video games

\*b. using earbuds

c. driving in loud traffic

d. going to music concerts

Title: Unit 5 Test

Topic: L15.2LO6: Explain the dangers of toxic chemicals.

20. It is generally agreed that synthetic chemicals are hazardous for people, animals, and the environment.

a. true

\*b. false

Title: Unit 5 Test

Topic: L15.2LO7: Explain how to identify toxic chemicals in personal care products.

21. Which statement is best at evaluating the danger from chemicals in personal care products?

a. The use of any product containing chemicals, such as shampoo or toothpaste, is likely to be dangerous.

\*b. The use of multiple personal care products over many years may be dangerous.

c. It is impossible to know how dangerous the chemicals in personal care products might be.

d. The danger from chemicals in personal care products has been greatly overstated.

Title: Unit 5 Test

Topic: L15.2LO8: Explain three ways to reduce your exposure to toxic chemicals found in household items.

22. Joaquin’s family has just moved into a house that was built in 1980. They should be aware of possible hazards from which of the following?

a. BPA in plastic fixtures

b. fluorescent light bulbs

c. paint on walls and ceilings

\*d. lead pipes

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Topic: L15.2LO9: Explain what to do if you are exposed to toxic chemicals.

23. If you ingest, inhale, or expose your skin to a dangerous chemical, the first thing you should do is

a. call the fire department

b. dispose of the chemical so no one else is harmed

\*c. seek help from a medical professional or another trusted adult

d. contact the Environmental Protection Agency

Title: Unit 5 Test

Topic: L15.3LO10: Explain five ways to protect the environment.

24. Installing solar panels on the roof of your house protects the environment by

\*a. reducing pollution

b. reusing items

c. recycling materials

d. treating dangerous substances

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Topic: L15.3LO11: Provide two examples of commonly recycled products and what they are used for.

25. Large plastic containers can be recycled to create items such as backpacks and buckets.

\*a. true

b. false

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Topic: L15.3LO12: Explain what it means to live green and identify four related actions.

26. Yukio is focused on “living green.” Which change would fit her new lifestyle?

a. taking notes on paper instead of electronically

b. using a leaf blower instead of a rake

\*c. turning up the thermostat in the summer

d. driving to work instead of cycling