Foundations 1E CT Chapter 14

1. Which of the following would be a cause of an unintentional injury?

a. self-harming

b. homicide

c. suicide

d. poisoning

Answer: \_\_\_\_\_

2. Being more safety conscious is directed at preventing an intentional injury.

a. True

b. False

Answer: \_\_\_\_\_

3. Which of the following could be a cause of an unintentional fall in your home?

a. shoes left on the stairs

b. clothes left near a heater

c. carbon monoxide leak

d. water heater set too hot

Answer: \_\_\_\_\_

4. Which of the following would help you to avoid falling in your home?

a. using a chair or table to reach a high cupboard

b. not trapping electrical cords between furniture and a wall

c. having someone help you when you use a ladder

d. moving miscellaneous items to the sides of stairs

Answer: \_\_\_\_\_

5. List three essential safety tips for firearm safety in the home.

Answer:

6. The sound of the smoke alarm wakes you up at home. You know you need to act quickly and follow your escape plan in case of fire. What is the first thing you should do?

a. Stuff wet towels under the bedroom door.

b. Feel the bedroom door to see if it's hot.

c. Exit through your bedroom window.

d. Hide in the closet until help arrives.

Answer: \_\_\_\_\_

7. What should be part of your family's fire escape plan?

a. making sure there's only one way out of every room in the house

b. using the first fire to practice and discover flaws in your escape plan

c. deciding where the family will meet after everyone is outside

d. opening doors and windows on your way out of the house

Answer: \_\_\_\_\_

8. Which of the following is an unpredictable natural disaster? **Select all that apply.**

a. wildfire

b. flood

c. volcano eruption

d. earthquake

Answers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

9. What is an action you would take during a natural disaster where flooding is NOT an issue?

a. Get out of your house or apartment quickly.

b. Make sure there is good lighting outside.

c. Stay close to tall objects such as trees.

d. Go to a basement or a small interior room.

Answer: \_\_\_\_\_

10. In certain regions of the United States, it is unnecessary to have a plan in case of severe weather.

a. True

b. False

Answer: \_\_\_\_\_

11. Unplugging TVs and computers is a good precaution during a(n)

a. thunderstorm

b. winter storm

c. earthquake

d. tsunami

Answer: \_\_\_\_\_

12. List three actions that schools are taking to be safer and better prepared for dangerous situations.

Answer:

13. Why would a high school require visitors to wear badges?

a. to make visitors feel like honored guests

b. so that students don't mistake visitors for teachers or administrators

c. to let students and teachers know they have been cleared through the office

d. so that visitors can recognize each other

Answer: \_\_\_\_\_

14. If you discover that someone has brought a gun to school, you should confront that person at once.

a. True

b. False

Answer: \_\_\_\_\_

15. You are about to cross the street at a corner that has a marked crosswalk but no traffic light. By law, drivers must stop for pedestrians who are in the crosswalk. A car is approaching the crosswalk. How do you stay safe in this situation?

a. Start crossing whether the driver slows down or not-they have to stop for you.

b. Step into the crosswalk and make eye contact with the driver as you do this.

c. Make a hand signal to let the driver know you are about to step into the crosswalk.

d. Don't cross until the driver has stopped and has made eye contact with you.

Answer: \_\_\_\_\_

16. Jordan is riding his bike home from a friend's house at night. He is paying attention to his surroundings, following traffic laws, wearing a properly fitted helmet and reflective clothing, and has a reflector on his bike. Is Jordan doing all he can to stay safe in this situation?

a. Yes, he is following all recommendations for riding a bike at night.

b. No, his bike should also have active lights that stay on, not just a reflector.

c. No, he should be carrying a flashlight in case of an emergency.

d. No, he should have a light attached to his helmet.

Answer: \_\_\_\_\_

17. Your friend is nervous about going to the mall without his guardian. Which of the following should you advise him to do to stay safe? **Select all that apply.**

a. Carry more cash than you think you will need.

b. Leave a place quickly if you feel uncomfortable.

c. Take your fully charged cell phone with you.

d. Don't take a ride from someone you don't know.

Answers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

18. Kyrie always wants to be in charge of giving directions when he's riding with a friend in their car. From a safety point of view, evaluate Kyrie's behavior.

a. His behavior is helpful, not dangerous.

b. His behavior could distract the driver and cause them to lose control of the vehicle.

c. His behavior, while irritating, creates only minor safety issues.

d. His behavior is dangerous to the driver and to all the other passengers in the car.

Answer: \_\_\_\_\_

19. Eating and drinking while riding in a car is fine as long as you are considerate and share with the driver.

a. True

b. False

Answer: \_\_\_\_\_

20. List three ways to stay safe from injuries at a job.

Answer:

21. In the following scenarios, which teen has the largest digital footprint?

a. Clarence spends hours online every day reading about movies based on comic books.

b. Cherise enjoys reading about her friends on social media and occasionally shares her own photos and stories.

c. Rashid emails and texts with his friends a lot, but he never shares personal information online.

d. Juanita loves to shop online with a credit card and also shares personal information with people she meets in online forums and websites.

Answer: \_\_\_\_\_

22. Even if you delete something you've posted on social media, it can still reappear online.

a. True

b. False

Answer: \_\_\_\_\_

23. Which of the following is true about privacy settings for social media?

a. They eliminate the risk of identity theft.

b. They allow you to have complete privacy for your social media use.

c. They provide another layer of security for your social media posts.

d. They make it safe to share personal information online.

Answer: \_\_\_\_\_

24. Which of the following is one way that identity theft might affect you?

a. You become the target of a phishing attack.

b. A criminal uses your name to get a credit card.

c. Your family has to pay to get you out of jail.

d. Your friends are unable to contact you.

Answer: \_\_\_\_\_

25. How can you protect yourself from a potential phishing attack?

Answer:

26. Leah clicked on a link on Facebook that invited her to take a pop music quiz. What she didn't know was that the link contained malware. Predict the event that will lead to her realize that her identity has been stolen.

a. She is contacted by a fake friend who wants to meet.

b. Strange messages start appearing on her laptop screen.

c. Her parents are alerted that she has taken the quiz.

d. Two months later, her application for a student loan is denied.

Answer: \_\_\_\_\_

27. Your best friend, whose family doesn't have Netflix, asks you for your password so she can watch a new movie. To stay safe online, you should

a. give your friend the password in return for her password to a different streaming service

b. give your friend the password and have her promise not to give it to anyone else

c. tell your friend you're sorry, but you're not allowed to give the password to anyone

d. tell your friend she can have your password if she doesn't tell your parents or siblings

Answer: \_\_\_\_\_

28. For optimum online safety, it's best to use passwords containing information you can easily remember, like the numbers in your birthdate.

a. True

b. False

Answer: \_\_\_\_\_

29. What are the three emergency action steps for any emergency situation?

Answer:

30. What is an example of the *care* step of the emergency action steps?

a. calling 911

b. checking the scene

c. applying a cold pack

d. informing the dispatcher

Answer: \_\_\_\_\_

31. Remy caught the coronavirus during the pandemic. Of the following, which is the most likely way he became infected?

a. He went to a friend's house, and the two of them sat on his friend's bed and played a video game without face masks.

b. He went to the library wearing a face mask but no gloves, and he talked with a librarian who sat behind a plexiglass panel.

c. He played pickleball on an outdoor court with a friend; they stayed more than six feet (183 cm) apart, and they didn't wear masks.

d. He washed his hands before and after going to the grocery store, and he wore a face mask while in the store.

Answer: \_\_\_\_\_

32. What is the third step of cardiopulmonary resuscitation (CPR)?

Answer:

33. In performing cardiopulmonary resuscitation (CPR), you should stop giving chest compressions and rescue breaths when a person starts to breathe on their own.

a. True

b. False

Answer: \_\_\_\_\_

34. List two common signs of a sudden illness.

Answer:

35. The difference between a closed wound and an open wound is that a closed wound consists of bruising or internal bleeding.

a. True

b. False

Answer: \_\_\_\_\_