Foundations 1E CT Chapter 13

1. How are over-the-counter drugs and prescription drugs the same?

a. Both can be taken by more than one person.

b. Both need to be prescribed by a doctor.

c. Both need to be purchased in a pharmacy.

d. Both are regulated by the Food and Drug Administration.

Answer: \_\_\_\_\_

2. Prescription drugs are NOT addictive if a medical doctor prescribes them.

a. True

b. False

Answer: \_\_\_\_\_

3. What is the most important information you will find on a drug facts label?

a. what year the drug was created and patented

b. how many other people are also using the drug

c. what the drug is used for and how to take it

d. whom to call if you take too much of the drug

Answer: \_\_\_\_\_

4. Which of the following would NOT be found on a prescription drug label?

a. inactive ingredients in the drug

b. drugstore phone number

c. doctor's name

d. instructions on how to take the drug

Answer: \_\_\_\_\_

5. Walker's father has a prescription for Vicodin for his back pain, and he keeps the pills in the kitchen cabinet. Walker has been feeling very nervous and tense about his grade in his physics class. What could Walker's father do to protect his son from drug abuse in this situation?

a. He could keep his medication in a hidden place.

b. He could stop refilling his prescription for the medication.

c. He could tell Walker to just relax and study harder.

d. He could let Walker try half a pill to see if it helps.

Answer: \_\_\_\_\_

6. Which statement best describes a situation in which a teen might take a medicine that was NOT prescribed for them?

a. Sandra's term paper is due in two days.

b. Chloe wins an award for a poem she wrote.

c. Learning new things comes easily to Taylor.

d. Matthew starts taking a ceramics class.

Answer: \_\_\_\_\_

7. Why do some teens continue using OTC and prescription drugs other than the way they should be used?

Answer:

8. What is one characteristic of an illicit drug?

a. You have to ask for it at the drug store.

b. It is against the law to buy it or sell it.

c. Its effects are not well understood.

d. It is prescribed when someone is dying.

Answer: \_\_\_\_\_

9. What is a common behavior of people who abuse illicit drugs?

a. They keep their distance from family members.

b. They become more engaged in school activities.

c. They only use the drugs when they are in a group.

d. They put more effort than usual into their appearance.

Answer: \_\_\_\_\_

10. This drug's main ingredient is THC.

a. cocaine

b. heroin

c. marijuana

d. methamphetamine

Answer: \_\_\_\_\_

11. Both of these drugs make the user feel very alert and confident.

a. fentanyl and heroin

b. inhalants and steroids

c. Rohypnol and Xanax

d. cocaine and methamphetamine

Answer: \_\_\_\_\_

12. These drugs are often used by athletes to improve their performance or physical appearance.

a. opioids

b. anabolic steroids

c. hallucinogens

d. inhalants

Answer: \_\_\_\_\_

13. Why is GHB known as a date rape drug?

a. It can cause a person to black out.

b. It promotes male sexual characteristics.

c. It increases attention and clarity.

d. Its effects last only a few minutes.

Answer: \_\_\_\_\_

14. Sofia wants to be the best player at the quiz bowl tournament, so she decides to try \_\_\_\_\_\_\_\_\_\_ because she's heard that it helps you think faster and concentrate better.

a. a handful of CBD gummy bears

b. her mom's codeine medication

c. one of her brother's ADHD pills

d. her friend's creatine powder

Answer: \_\_\_\_\_

15. List three reasons why some teens use illicit drugs.

Answer:

16. Nathan, an eleventh-grade student, has started missing a lot of school. This could be a sign that Nathan is using illicit drugs.

a. True

b. False

Answer: \_\_\_\_\_

17. All the following are warning signs of a teen's illicit drug use EXCEPT

a. breaking school or family rules

b. seeking an after-school job

c. showing lack of interest in favorite activities

d. exhibiting secretive behavior

Answer: \_\_\_\_\_

18. Match each factor that influences someone to use drugs with the statement that describes it.

\_\_\_ 1. family influence

\_\_\_ 2. media influence

\_\_\_ 3. peer influence

\_\_\_ 4. life influence

a. Radha sees a photo of her favorite actor smoking marijuana.

b. Mark's mother takes Xanax to calm down when she feels anxious.

c. Sam feels like everyone he knows is trying Adderall.

d. Chantana enrolls in a new high school across town.

19. A true friend will NOT keep pressuring you to try drugs if you resist.

a. True

b. False

Answer: \_\_\_\_\_

20. According to federal law, what information must appear in ads for prescription drugs? **Select all that apply.**

a. all the risks of using the drug

b. nonprescription alternatives to the drug

c. conditions the drug is approved to treat

d. generic name for the drug

Answers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

21. Advertisements for drugs are required to tell consumers what the cure rate for the drug is.

a. True

b. False

Answer: \_\_\_\_\_

22. Which marketing technique would be most effective with teens who spend a great deal of time online?

a. tracking teens' digital trail to determine their interests and purchases

b. appealing to teens' insecurities and their need to fit in and be liked

c. incorporating games, apps, and contests in the ad to hold their interest

d. using messages that imply that everyone is doing it

Answer: \_\_\_\_\_

23. Marketing campaigns that use music or jingles no longer help to get teens to identify with a product.

a. True

b. False

Answer: \_\_\_\_\_

24. What is an example of the marketing technique of incorporating an experience into an ad?

a. using a song that is very popular with teens in the ad

b. making it look like all the cool kids have the product

c. including a game, a contest, or an app in the ad

d. encouraging teens to share the product on social media

Answer: \_\_\_\_\_

25. List two healthy activities you can do as an alternative to drug use.

Answer:

26. Which of the following scenarios describes a person with a substance use disorder?

a. Jeremy took Adderall once, before a chemistry exam, but he hasn't used it since.

b. Sasha sometimes misses softball practice because she's been smoking marijuana.

c. Allan started smoking cigarettes but stopped when he noticed he was coughing a lot.

d. Lynn drinks alcohol sometimes at a party, but she doesn't think about it other times.

Answer: \_\_\_\_\_

27. If someone has a substance use disorder, it means they are unable to control how much or how often they use a drug.

a. True

b. False

Answer: \_\_\_\_\_

28. Drug X causes the quick release of a large amount of dopamine in the brain. What conclusion can you draw about this drug?

a. Drug X has low addictive potential.

b. Drug X has high addictive potential.

Answer: \_\_\_\_\_

29. Which of the following are characteristic of a drug with high addictive potential? **Select all that apply.**

a. Tolerance and withdrawal are both effects of the drug.

b. Use can be halted with little discomfort.

c. Feelings of great happiness and excitement go beyond normal expectations.

d. The effects of the drug are experienced quickly.

Answers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

30. Which of the following scenarios describes a person who has developed a tolerance to an addictive substance?

a. David vaped sometimes, but he didn't have any withdrawal symptoms when he stopped.

b. Yu took diet pills so he could lose weight and maybe get high, but they just made him feel weird.

c. To get the same happy feelings she got when she first started, Hazel now needs to drink more alcohol.

d. Terence tried smoking an herbal cigarette, but he didn't feel any effects, and it made him cough.

Answer: \_\_\_\_\_

31. Inability to pay for treatment is a major barrier to being drug-free.

a. True

b. False

Answer: \_\_\_\_\_

32. Which of the following is a barrier to being drug-free?

a. not knowing where to go for help

b. not rejecting the idea of getting treatment

c. having a clear mind and plans for the future

d. having friends who are candid about solving problems

Answer: \_\_\_\_\_

33. List three ways behavioral therapy is used to help individuals with a substance use disorder.

Answer:

34. Which of the following is usually a feature of school drug policies and community drug laws?

a. school suspension

b. counseling sessions

c. electronic monitoring

d. community service

Answer: \_\_\_\_\_