Foundations 1E Chapter 13 Test Answers

Title: Chapter 13 Test

Topic: L13.1LO1: Compare and contrast the similarities and differences between over-the-counter and prescription medications.

1. How are over-the-counter drugs and prescription drugs the same?

a. Both can be taken by more than one person.

b. Both need to be prescribed by a doctor.

c. Both need to be purchased in a pharmacy.

\*d. Both are regulated by the Food and Drug Administration.

Title: Chapter 13 Test

Topic: L13.1LO1: Compare and contrast the similarities and differences between over-the-counter and prescription medications.

2. Prescription drugs are NOT addictive if a medical doctor prescribes them.

a. true

\*b. false

Title: Chapter 13 Test

Topic: L13.1LO2: Explain the general purpose of a drug facts label.

3. What is the most important information you will find on a drug facts label?

a. what year the drug was created and patented

b. how many other people are also using the drug

\*c. what the drug is used for and how to take it

d. whom to call if you take too much of the drug

Title: Chapter 13 Test

Topic: L13.1LO2: Explain the general purpose of a drug facts label.

4. Which of the following would NOT be found on a prescription drug label?

\*a. inactive ingredients in the drug

b. drugstore phone number

c. doctor’s name

d. instructions on how to take the drug

Title: Chapter 13 Test

Topic: L13.1LO3: Describe why teen use of prescription drugs is one of the major drug problems in the United States.

5. Walker’s father has a prescription for Vicodin for his back pain, and he keeps the pills in the kitchen cabinet. Walker has been feeling very nervous and tense about his grade in his physics class. What could Walker’s father do to protect his son from drug abuse in this situation?

\*a. He could keep his medication in a hidden place.

b. He could stop refilling his prescription for the medication.

c. He could tell Walker to just relax and study harder.

d. He could let Walker try half a pill to see if it helps.

Title: Chapter 13 Test

Topic: L13.1LO3: Describe why teen use of prescription drugs is one of the major drug problems in the United States.

6. Which statement best describes a situation in which a teen might take a medicine that was NOT prescribed for them?

\*a. Sandra’s term paper is due in two days.

b. Chloe wins an award for a poem she wrote.

c. Learning new things comes easily to Taylor.

d. Matthew starts taking a ceramics class.

Type: E

Title: Chapter 13 Test

Topic: L13.1LO4: Analyze why teens might continue using OTC and prescription drugs other than the way they should be used.

7. Why do some teens continue using OTC and prescription drugs other than the way they should be used?

a. Teens abuse these drugs at first to be more alert or to relax during a time of stress. They think they will feel normal after a day or two. Instead, they feel sluggish and tired after the drug’s effects wear off. Then they abuse the drug again to get the good feeling back, triggering a whole new cycle of abuse.

Title: Chapter 13 Test

Topic: L13.2LO5: Differentiate between a prescription drug and an illicit drug.

8. What is one characteristic of an illicit drug?

a. You have to ask for it at the drug store.

\*b. It is against the law to buy it or sell it.

c. Its effects are not well understood.

d. It is prescribed when someone is dying.

Title: Chapter 13 Test

Topic: L13.2LO5: Differentiate between a prescription drug and an illicit drug.

9. What is a common behavior of people who abuse illicit drugs?

\*a. They keep their distance from family members.

b. They become more engaged in school activities.

c. They only use the drugs when they are in a group.

d. They put more effort than usual into their appearance.

Title: Chapter 13 Test

Topic: L13.2LO6: Identify the different types of drugs based on a description.

10. This drug’s main ingredient is THC.

a. cocaine

b. heroin

\*c. marijuana

d. methamphetamine

Title: Chapter 13 Test

Topic: L13.2LO6: Identify the different types of drugs based on a description.

11. Both of these drugs make the user feel very alert and confident.

a. fentanyl and heroin

b. inhalants and steroids

c. Rohypnol and Xanax

\*d. cocaine and methamphetamine

Title: Chapter 13 Test

Topic: L13.2LO6: Identify the different types of drugs based on a description.

12. These drugs are often used by athletes to improve their performance or physical appearance.

a. opioids

\*b. anabolic steroids

c. hallucinogens

d. inhalants

Title: Chapter 13 Test

Topic: L13.2LO6: Identify the different types of drugs based on a description.

13. Why is GHB known as a date rape drug?

\*a. It can cause a person to black out.

b. It promotes male sexual characteristics.

c. It increases attention and clarity.

d. Its effects last only a few minutes.

Title: Chapter 13 Test

Topic: L13.2LO7: Explain why some teens use illicit drugs.

14. Sofia wants to be the best player at the quiz bowl tournament, so she decides to try \_\_\_\_\_\_\_\_\_\_ because she’s heard that it helps you think faster and concentrate better.

a. a handful of CBD gummy bears

b. her mom’s codeine medication

\*c. one of her brother’s ADHD pills

d. her friend’s creatine powder

Type: E

Title: Chapter 13 Test

Topic: L13.2LO7: Explain why some teens use illicit drugs.

15. List three reasons why some teens use illicit drugs.

a. Answers should include any three of the following:

-to fit in

-curiosity

-to feel good

-low self-esteem

-to feel better or to forget

-to do better

-boredom

-to cope with problems

Title: Chapter 13 Test

Topic: L13.2LO8: Recognize five warning signs of teen drug use.

16. Nathan, an eleventh-grade student, has started missing a lot of school. This could be a sign that Nathan is using illicit drugs.

\*a. true

b. false

Title: Chapter 13 Test

Topic: L13.2LO8: Recognize five warning signs of teen drug use.

17. All the following are warning signs of a teen’s illicit drug use EXCEPT

a. breaking school or family rules

\*b. seeking an after-school job

c. showing lack of interest in favorite activities

d. exhibiting secretive behavior

Type: MT

Title: Chapter 13 Test

Topic: L13.3LO9: Identify three factors that influence teens to use drugs.

18. Match each factor that influences someone to use drugs with the statement that describes it.

a. family influence = Mark’s mother takes Xanax to calm down when she feels anxious.

b. media influence = Radha sees a photo of her favorite actor smoking marijuana.

c. peer influence = Sam feels like everyone he knows is trying Adderall.

d. life influence = Chantana enrolls in a new high school across town.

Title: Chapter 13 Test

Topic: L13.3LO9: Identify three factors that influence teens to use drugs.

19. A true friend will NOT keep pressuring you to try drugs if you resist.

\*a. true

b. false

Type: MR

Title: Chapter 13 Test

Topic: L13.3LO10: Explain the three pieces of information that drug ads are required to tell consumers.

20. According to federal law, what information must appear in ads for prescription drugs? **Select all that apply.**

\*a. all the risks of using the drug

b. nonprescription alternatives to the drug

\*c. conditions the drug is approved to treat

\*d. generic name for the drug

Title: Chapter 13 Test

Topic: L13.3LO10: Explain the three pieces of information that drug ads are required to tell consumers.

21. Advertisements for drugs are required to tell consumers what the cure rate for the drug is.

a. true

\*b. false

Title: Chapter 13 Test

Topic: L13.3LO11: Evaluate three techniques marketers use to influence teens to purchase items.

22. Which marketing technique would be most effective with teens who spend a great deal of time online?

\*a. tracking teens’ digital trail to determine their interests and purchases

b. appealing to teens’ insecurities and their need to fit in and be liked

c. incorporating games, apps, and contests in the ad to hold their interest

d. using messages that imply that everyone is doing it

Title: Chapter 13 Test

Topic: L13.3LO11: Evaluate three techniques marketers use to influence teens to purchase items.

23. Marketing campaigns that use music or jingles no longer help to get teens to identify with a product.

a. true

\*b. false

Title: Chapter 13 Test

Topic: L13.3LO11: Evaluate three techniques marketers use to influence teens to purchase items.

24. What is an example of the marketing technique of incorporating an experience into an ad?

a. using a song that is very popular with teens in the ad

b. making it look like all the cool kids have the product

\*c. including a game, a contest, or an app in the ad

d. encouraging teens to share the product on social media

Type: E

Title: Chapter 13 Test

Topic: L13.3LO12: Devise three healthy alternative activities that are spontaneous and three healthy alternative activities that require planning.

25. List two healthy activities you can do as an alternative to drug use.

a. Answers should include any two of the following:

-having a movie marathon

-making dinner for your friends or family

-volunteering for a cause you think is important

-trying a new exercise, such as HIIT, or an activity, such as martial arts

-going for a walk or hike

-joining a youth group

-participating in sports

Title: Chapter 13 Test

Topic: L13.4LO13: Describe what a substance use disorder is.

26. Which of the following scenarios describes a person with a substance use disorder?

a. Jeremy took Adderall once, before a chemistry exam, but he hasn’t used it since.

\*b. Sasha sometimes misses softball practice because she’s been smoking marijuana.

c. Allan started smoking cigarettes but stopped when he noticed he was coughing a lot.

d. Lynn drinks alcohol sometimes at a party, but she doesn’t think about it other times.

Title: Chapter 13 Test

Topic: L13.4LO13: Describe what a substance use disorder is.

27. If someone has a substance use disorder, it means they are unable to control how much or how often they use a drug.

\*a. true

b. false

Title: Chapter 13 Test

Topic: L13.4LO14: Explain what addictive potential means.

28. Drug X causes the quick release of a large amount of dopamine in the brain. What conclusion can you draw about this drug?

a. Drug X has low addictive potential.

\*b. Drug X has high addictive potential.

Type: MR

Title: Chapter 13 Test

Topic: L13.4LO14: Explain what addictive potential means.

29. Which of the following are characteristic of a drug with high addictive potential? **Select all that apply.**

\*a. Tolerance and withdrawal are both effects of the drug.

b. Use can be halted with little discomfort.

\*c. Feelings of great happiness and excitement go beyond normal expectations.

\*d. The effects of the drug are experienced quickly.

Title: Chapter 13 Test

Topic: L13.4LO14: Explain what addictive potential means.

30. Which of the following scenarios describes a person who has developed a tolerance to an addictive substance?

a. David vaped sometimes, but he didn’t have any withdrawal symptoms when he stopped.

b. Yu took diet pills so he could lose weight and maybe get high, but they just made him feel weird.

\*c. To get the same happy feelings she got when she first started, Hazel now needs to drink more alcohol.

d. Terence tried smoking an herbal cigarette, but he didn’t feel any effects, and it made him cough.

Title: Chapter 13

Topic: L13.4LO15: Select two barriers to being drug-free and assess why they may be barriers.

31. Inability to pay for treatment is a major barrier to being drug-free.

\*a. true

b. false

Title: Chapter 13

Topic: L13.4LO15: Select two barriers to being drug-free and assess why they may be barriers.

32. Which of the following is a barrier to being drug-free?

\*a. not knowing where to go for help

b. not rejecting the idea of getting treatment

c. having a clear mind and plans for the future

d. having friends who are candid about solving problems

Type: E

Title: Chapter 13 Test

Topic: L13.4LO16: Evaluate the importance of behavioral therapy in treating a substance use disorder.

33. List three ways behavioral therapy is used to help individuals with a substance use disorder.

a. Answers should include:

-teaching them how to handle cravings

-teaching them how to avoid people and situations that could trigger the desire to use the drug again

-teaching how to prevent a relapse

Title: Chapter 13 Test

Topic: L13.4LO17: Examine your school policies about drug use.

34. Which of the following is usually a feature of school drug policies and community drug laws?

a. school suspension

\*b. counseling sessions

c. electronic monitoring

d. community service