Foundations 1E Chapter 09 Test Answers

Type: MR

Title: Chapter 9 Test

Topic: L9.1LO1: Evaluate similarities and differences between verbal and nonverbal communication.

1. What do verbal and nonverbal communication have in common? **Select all that apply.**

\*a. They are ways of sharing information.

\*b. They involve some type of language.

c. They need to be heard to be understood.

d. They send the same message.

Title: Chapter 9 Test

Topic: L9.1LO1: Evaluate similarities and differences between verbal and nonverbal communication.

2. Nonverbal communication includes your tone of voice and how loudly or softly you speak.

\*a. true

b. false

Title: Chapter 9 Test

Topic: L9.1LO1: Evaluate similarities and differences between verbal and nonverbal communication.

3. Which of the following describes a mixed message?

a. emphasizing a positive comment with an appropriate gesture, like a thumbs-up

b. communicating with two types of nonverbal messages

c. responding to a person with verbal and nonverbal cues that show you are listening

\*d. telling someone that you’re listening to them while you are actually looking at your phone

Type: E

Title: Chapter 9 Test

Topic: L9.1LO2: Compare and contrast characteristics of healthy and unhealthy relationships.

4. How does a healthy relationship affect your physical health?

a. A healthy relationship helps you to have less stress and a healthier immune system and helps you to heal faster from injuries or surgeries.

Title: Chapter 9 Test

Topic: L9.1LO3: Evaluate your communication style using the four communication styles described.

5. Crystal assured Tom, the president of the debate club, that she fully supported his decision to move the club’s meetings to before school instead of after school. However, she privately told several other club members that his decision would be a disaster. This is an example of which style of communication?

a. passive

b. aggressive

\*c. passive-aggressive

d. assertive

Title: Chapter 9 Test

Topic: L9.1LO3: Evaluate your communication style using the four communication styles described.

6. Assertive communication involves speaking loudly and forcefully and telling people what to do.

a. true

\*b. false

Title: Chapter 9 Test

Topic: L9.1LO4: Demonstrate how to use an *I* message and active listening properly.

7. The last part of an effective *I* message offers a(n)

a. urgent demand or requirement

\*b. alternative or compromise

c. ultimatum

d. subtle apology

Title: Chapter 9 Test

Topic: L9.1LO4: Demonstrate how to use an *I* message and active listening properly.

8. What is the best example of how to use an *I* message?

a. “When you don’t text me back, I feel worried that you don’t want to be friends anymore, and I want you to tell me why you ignore me like that all the time.”

b. “You’re always interrupting me, which makes me mad because it’s rude. I would really like it if you would stop doing that so you can hear what I’m saying.”

c. “I don’t want you to look at your phone when we’re talking because it makes me feel left out. I want you to look at me instead.”

\*d. “I feel hurt when you roll your eyes at me while we’re talking because it seems like you think what I’m saying is stupid. I want to feel like you respect my point of view, even if you don’t agree.”

Type: MR

Title: Chapter 9 Test

Topic: L9.1LO5: Analyze how a text message or a message on social media could be interpreted in two different ways.

9. Which is a good way to make sure that your text message or social media post is NOT misinterpreted? **Select all that apply.**

a. Use a joking tone in all your texts and posts.

b. Use emojis to get your meaning across.

\*c. Write as clearly as you can.

\*d. Think carefully about how the message will be perceived.

Title: Chapter 9 Test

Topic: L9.2LO6: Describe five types of families in today’s society.

10. Jackson lives with a married couple on a temporary basis. This kind of family is a(n)

a. adoptive family

b. blended family

c. extended family

\*d. foster family

Title: Chapter 9 Test

Topic: L9.2LO6: Describe five types of families in today’s society.

11. Anne and Steve are married and have no children. What is the term for this kind of family?

\*a. childless family

b. blended family

c. nuclear family

d. child-free family

Type: E

Title: Chapter 9 Test

Topic: L9.2LO7: Distinguish three benefits of a healthy relationship with your parent or guardian.

12. Explain three benefits of having a healthy relationship with your parent or guardian or a significant adult in your life.

a. Answers should include any three of the following:

-You feel open and comfortable talking about difficult subjects.

-You develop independence, confidence, optimism, and identity from the support of your family.

-Overall, you are happier and healthier because your healthy relationship acts as a buffer against negative influences.

-You will feel less inclined to participate in risky teen behavior, such as alcohol and drug use.

-You will have a sense of consistency and predictability knowing the rules and expectations of your behavior.

Title: Chapter 9 Test

Topic: L9.2LO7: Distinguish three benefits of a healthy relationship with your parent or guardian.

13. What is one benefit of your guardian making a rule that you can’t bring your phone to the dinner table?

a. You feel that your guardian is supporting you.

b. You don’t have to make up your own rules.

c. Your friends know you have more important things to do.

\*d. You can relax knowing what is expected of you.

Title: Chapter 9 Test

Topic: L9.2LO8: Examine your relationship with your siblings.

14. Which of the following tends to make for a closer relationship between siblings?

a. separation in ages

b. enjoying different activities

c. personal rivalry

\*d. shared family history

Type: E

Title: Chapter 9 Test

Topic: L9.2LO9: Analyze two changes that occur within families and ways to adjust to them.

15. List two situations that cause changes in families.

a. Answers should include any two of the following:

-moving

-financial problems

-illness and disability

-death of a family member

-substance use disorder

Title: Chapter 9 Test

Topic: L9.3LO10: Differentiate your friends into the four types of friends discussed in the lesson.

16. Rayna and Louise sometimes talk about movies after their geometry class, but they don’t have any mutual friends, and they rarely see each other outside of school. What kind of friends are they?

\*a. acquaintances

b. casual friends

c. best friends

d. virtual friends

Title: Chapter 9 Test

Topic: L9.3LO10: Differentiate your friends into the four types of friends discussed in the lesson.

17. You have a friend whom you see when you play beach volleyball with a regular group, but you don’t get together with this person on your own. What kind of friend is this?

a. acquaintance

b. best friend

\*c. casual friend

d. virtual friend

Title: Chapter 9 Test

Topic: L9.3LO11: Explain the four qualities a close friend needs to have.

18. What is an example of a close friendship?

a. You share some information, but not your most personal feelings.

b. You let go of the friendship if your friend gets angry with you.

\*c. Your friend tells you when something you’re doing isn’t right.

d. You don’t need to apologize, because your friend understands you.

Type: E

Title: Chapter 9 Test

Topic: L9.3LO11: Explain the four qualities a close friend needs to have.

19. What are four qualities that a close friend needs to have?

a. A close friend is loyal, honest, communicates well, and apologizes when wrong.

Title: Chapter 9 Test

Topic: L9.3LO12: Analyze how social media, jealousy, and drama can cause problems in a friendship.

20. In a post on TikTok, Lily and her new friend Brianna talk about a party they went to last night. Ava, who is Lily’s best friend, sees the video. She didn’t know about the party and wasn’t invited. Predict what Ava’s first reaction is likely to be.

\*a. jealousy

b. relief

c. excitement

d. curiosity

Title: Chapter 9 Test

Topic: L9.3LO12: Analyze how social media, jealousy, and drama can cause problems in a friendship.

21. Drama in a friendship is most often caused by

a. missed connections

b. hurtful comments

c. sharing secrets

\*d. spreading false rumors

Title: Chapter 9 Test

Topic: L9.3LO13: Create a plan to work on a quality you need to improve on to be a better friend.

22. Best friends work out their issues by

a. posting the source of their differences online

\*b. calling or having a face-to-face conversation

c. exchanging texts

d. downplaying the problem to avoid confrontation

Type: E

Title: Chapter 9 Test

Topic: L9.3LO14: Use healthy ways to express love in a friendship.

23. List three healthy ways to express love in a friendship.

a. Answers should include any three of the following:

-Be there for them when they need you.

-Tell them how much they mean to you.

-Show them social media love by posting a picture or memory the two of you have.

-Celebrate their accomplishments by sending a handwritten card or a gift.

-Do something you’ve always talked about doing but never have.

-Be a loyal and caring friend every day. Make sure they know they can count on you through good times and bad.

Title: Chapter 9 Test

Topic: L9.4LO15: Examine the characteristics of a healthy dating relationship.

24. Donnie only likes movies that have a lot of action in them. His girlfriend Caitlyn doesn’t say that she would rather watch romantic comedies because she knows he doesn’t like them. Which characteristic of a healthy relationship is missing in Donnie and Caitlyn’s relationship?

a. liking each other

\*b. keeping your individuality

c. being attracted to each other

d. feeling safe with each other

Type: E

Title: Chapter 9 Test

Topic: L9.4LO16: Explain three advantages to choosing abstinence.

25. What are three advantages to choosing abstinence?

a. Answers should include any three of the following:

-It is free.

-It can be used at any time.

-It is 100 percent effective in protecting against pregnancy and STDs.

-It has no medical side effects.

Title: Chapter 9 Test

Topic: L9.4LO17: Practice your refusal skills for a potential physically intimate situation.

26. The most effective way to refuse an offer to be sexually active is to

a. express your refusal in strong words

b. use nonverbal communication to express your refusal

c. rely on mutual understanding

\*d. use both verbal and nonverbal communication