# Vocabulary Review Worksheet

Name: Blank Class: Blank Date: Blank

Fill in the blank with the word that best completes each sentence.

**1.** How long a person lives is their Blank .

**2.** Meat, shellfish, and dark chocolate are examples of foods high in Blank .

**3.** Headaches, dizziness, and fatigue are symptoms of Blank .

**4.** Dairy products are an excellent source of Vitamin D and Blank .

**5.** People begin to slowly lose bone mass after the age of Blank .

**6.** The first step in negotiating for healthy food choices is to Blank the conflict.