# Vocabulary Review Worksheet

Name: Blank Class: Blank Date: Blank

Fill in the blank with the word that best completes each sentence.

**1.** Blank focuses on maximizing your potential and living your best life; it is an important part of overall wellness.

**2.** Your ability to stay focused, reason, and make decisions are part of your Blank health.

**3.** A person with good Blank is aware of and manages their own emotions and can understand and respond appropriately to the emotions of others.

**4.** Blank is when you do something without thinking about the consequences of the decision or behavior.

**5.** Being dishonest and breaking rules are examples of Blank .