# Vocabulary Review Worksheet

Name: Blank Class: Blank Date: Blank

Fill in the blank with the word that best completes each sentence.

**1.** Blank , or adrenaline, is a hormone released when a person inhales nicotine that causes blood pressure and heart rate to increase.

**2.** A common sign of nicotine addiction is requiring more Blank to get the same feeling you did when you began using.

**3.** A benefit to quitting tobacco products is that your Blank rate  
drops within 20 minutes of quitting and your Blank function begins to improve withing 3 months.

**4.** One of the most common ways to quit smoking is using a   
 Blank therapy.

**5.** Many of the apps used for quitting have people track potential Blank that cause them to want to use tobacco products.