1. Adolescence is the time between being a child and being an adult.

a. True

b. False

Answer: \_\_\_\_\_

2. How can social media be a positive source of support during adolescence, and how can it be a negative source of support?

Answer:

3. Self-esteem is an example of a(n) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ change in adolescence.

a. social

b. emotional

c. mental

d. physical

Answer: \_\_\_\_\_

4. \_\_\_\_\_\_\_\_\_ changes in adolescence could include teens understanding how their actions can have consequences that can impact them now and into their future.

a. Social

b. Emotional

c. Mental

d. Physical

Answer: \_\_\_\_\_

5. Provide an example of a social comparison you have done, or you know someone else has done.

Answer: